

Cereals	<ul style="list-style-type: none"> • Thread hoops onto string. • Place in tray with pots, spoons, bottles and so on. • Make gooey paste for mark making
Couscous	<ul style="list-style-type: none"> • Place in a tray with funnels, spoons, bottles and pots. • Pour into bottles to make a shaker and add glitter or sequins for added sparkle. • Add to paint to give a different texture.
Clay	<ul style="list-style-type: none"> • Make models of animals, pots, people and so on. • Create imprints from stones, sticks, leaves.
Gloop made from cornflour, water & food colouring	<ul style="list-style-type: none"> • Place in tray and encourage to push along with finger. • Encourage to squeeze in hand then open hand and watch the ball melt. • Make marks with fingers. • Use with spoons, pots, funnels & bottles.
Ice	<ul style="list-style-type: none"> • Place ice cubes in tray to explore. Place items in cubes for children to melt and find the objects. • Fill a balloon with water & freeze overnight. Place on tray and remove balloon. Allow children to feel balloon & see how long it takes to melt. • Add food colouring to ice cubes and place in a tray or bowl. Watch what happens to the colours as the cubes melt.
Jelly	<ul style="list-style-type: none"> • Place in tray with spoons, bottles and pots. • Add animals for imaginative play
Wet/dry sand	<ul style="list-style-type: none"> • Place in tray & add snakes, lizards and so on logs, stones to make a reptile habitat. • Spades, buckets and flags to make

	<p>sand castles from wet sand.</p> <ul style="list-style-type: none"> • Moulds, boxes, bottles, pots and sieve to pour dry sand. • Add numbers or letters to bury to have a letter/number hunt. • Add stones, logs, leaves & toy dinosaurs to make a dinosaur land. • Add cars, trucks, diggers, dumpers to make a building site
Soapy Sand	<ul style="list-style-type: none"> • Place cover on table. Add sand, water and washing up liquid and mix together with hand. Watch as the colour of the sand change.
Soil	<ul style="list-style-type: none"> • Place in tray, add logs, leaves, twigs, stones. Place animals, insects or dinosaurs to make a habitat. • Add pots, spades, buckets, rakes for children to dig, fill and pour from pots. • Plants flower, herbs & vegetable seeds and watch them grow.
Mud	<ul style="list-style-type: none"> • Old bowls, pots, spades, spoons, mud, water to make mud pies, soups and magic potions. • Place diggers, trucks, dumpers, tractors to make a building site or a farm.
Spaghetti, noodles, cooked & uncooked pasta	<ul style="list-style-type: none"> • Thread dried pasta onto string to make necklaces, worms or snakes. • Stick to card or paper plates to create collage. • Add pots, spoons, kitchen utensils for scooping, lifting and filling. • Add to bottles to make shakers. • Place a plant pot upside down and place straws into the holes. Ask child to thread cooked pasta onto the straw.
Tomato sauce	<ul style="list-style-type: none"> • Squeeze onto table and allow children to make marks with their hands.

	<ul style="list-style-type: none"> • Squeeze onto tray and encourage children to scrape an old comb through the sauce to make marks.
Rice	<ul style="list-style-type: none"> • Colour dry rice by mixing it in a bowl with food colouring. Place in tray with spoons, pots, bottles to fill and pour.
Flour, salt or sugar	<ul style="list-style-type: none"> • Add rolling pins, cutters, plastic knives to make cakes, biscuits and food. • Add twigs, stones and leaves to make models of people, monsters, insects or animals. • Roll into long shapes to make snakes and worms. Introduce rulers to measure how long they are. • Add glitter, ginger, curry powder to promote extra use of senses.
Shaving foam	<ul style="list-style-type: none"> • Make marks with fingers, combs or cars. • Add animals to play in pretend snow.
Paint	<ul style="list-style-type: none"> • Use fingers and hands to make prints. • Mix in sand, tea leaves and so on to change the texture. • Use cotton buds to dip in paint to encourage fine motor skill. • Place paper in bowl and cover marbles in paint. Roll marble in tray to make marks and patterns.