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Completed by the staff of
Sunningdale School

JW14



SUNNINGDALE SCHOOL

Home learning
&
Development Opportunities



Class: **Early Years 2**

Topic: **Growing**

JW14



Sunningdale School

Ideas for Home learning & Development Opportunities

The following booklet has been created by staff at Sunningdale School to give parents, carers and families some support and guidance with activities and opportunities they might like to do with their children at home.

Where possible staff have linked these to 'subject specific' learning areas although many of them will be cross contextual and relevant to development in a number of areas. They are categorised under the areas of:

- Cognition and Learning
- Communication and Interaction
- Sensory and Physical Development
- Social, Emotional and Mental Health

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DIY SEED BOMBS

EARTH DAY/ SPRING SCIENCE



SEED BOMB RECIPE YOU WILL NEED:

4 Packages of Flower Seeds

Sheets of Construction Paper
(we used blue, green, and white)

Food Processor

Scissors

Water

Small Containers

Baking Sheet and Parchment
Paper (drying seed bombs)

<https://littlebinsforlittlehands.com/make-seed-bombs-earth-day-activity/>



More ideas & activities...

Get Planting:

Whether it's indoors or outdoors have a go at planting some seeds, beans and bulbs and helping them to grow



Plant Activities
Easy Spring Science



<https://littlebinsforlittlehands.com/easy-seed-experiments-kids/>

Other Ideas...



Please also have a look at the following links on the school website that have a range of ideas for pupils including a .pdf version of our outdoor learning booklet.

<http://www.sunningdaleschool.com/blogs/onlinegames.htm>

<https://www.pinterest.co.uk/sunningdalescho/>
<http://www.sunningdaleschool.com/downloadable/smsc%20outdoor%20learning%20booklet%20jwaller.pdf>

<http://www.sunningdaleschool.com/blogs/pupilyoutube.htm>

A LITTLE BIT ABOUT PLAY...

Children discover and learn about their world when they play. Play develops imagination and creativity and gives children practice in the social skills they need in the wider world. Children do not play for reward or because someone told to- They play because it is fun! By playing with one another, children learn social rules such as waiting, taking turns, cooperation and sharing things. Children usually go through stages of play as they grow. Children with SLD and PMLD will be unlikely to go through the stages of play at the ages defined by Child Development theories but they will still potentially go through them. It is therefore important to create opportunities for children with SLD and PMLD to experience each of the stages. JW.

Solitary Play

A child is in a room full of other children, but he or she is playing alone and not paying attention to

Spectator

Observe other children playing around him or her but will not play with them.

Associative Play

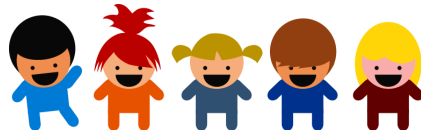
Children are playing the same game, but they are not working together or connecting with one another

Parallel Play

Children are playing a game or activity. They are playing next to each other, but they are not talking or doing the same activity.

Cooperative Play

Children are working together to play a game.



Porridge Play

Our children love exploring with porridge, fill a large dish and give lots of items to help practice pouring, scooping, filling, emptying, sprinkling, etc



Then add water and you've got a new resource perfect for moulding, squishing, rolling and patting.



Then add an extra twist and dye your oats different colours to extend your child's play.

Follow the link for the how to:
<https://www.andnextcomes1.com/2014/07/rainbow-oats-how-to-dye-oats-for.html>

Other ideas & activities...



Build your own jigsaw

Cut pictures into strips of 2, 3, 4 or 5 and tape each strip onto a block or lego piece so children can build their own jigsaws.

Could be anything- family photos, favourite story or TV characters, animals, pets

Story massage

Follow this link for the Cinderella Story Massage in action then use the resource pack sent home to try other stories.

<https://www.youtube.com/watch?v=7YgAXRFXUyc>



Developing & Growing

Language Development:

Outdoor play activities are very powerful tools for developing a child's language or communication. This will be integral to social relationships and communication will be required to develop and support these.

Physical Development

Many outdoor activities can directly or indirectly develop gross and fine motor skills. Physical activities will also develop confidence in a specific environment (e.g. Forest School or Wildlife area).

Social Development

Outdoor learning will help a child to develop social skills such as taking turns and sharing and they will become aware of the emotions of others and start to slowly be able to take those emotions into account.

Emotional Development

All types of Play are useful as a means for a child to express their feelings, both negative and positive... Outdoors children can be taught to care for living things and build confidence in a less structured and natural environment.

Cognitive Development

Through any type of play or activity, a child has opportunities to develop ideas. Through outdoor learning they are able to investigate unusual materials, attempting more unusual activities and use resources in different ways.





topic

Growing

Communication & Interaction

- Share your family photo albums
- Make an 'All About Me' Book with photos of your child growing from a baby, to a toddler to a pre-schooler, to now



Role play family life- taking care of a baby by feeding it, bathing it, dressing it, taking it for a walk.

To grow we need to keep healthy so role play the doctor's, the dentist, going to the shop



Name all the objects, body parts and actions as you play. Can your child copy, pass familiar items on request,

point to named body parts?

Miss Polly had a dolly is in the 'Sing and Sign' pack!

Growing



Understanding the World

Small world play



Use what figures or soft toys you have at home to make a small world on kitchen or gardening trays. For example, for a farm add cereal as texture, make angel delight mud, weetabix fences.

Omelette in a bag

An easy recipe that only needs a zip lock bag, 2 eggs and a pan of boiling water then choose to add your own additional ingredients.

- Crack the eggs into the bag, squeeze out air and seal shut.
- Shake, squeeze, squash, bang the back to 'whisk' the egg.
- Chop, grate, tear any ingredients, such as, cheese, ham, tomato, onion, etc
- Add ingredients to bag and any seasoning
- Seal bag and put in the pan of boiling water for 8-10 mins.
- Use tongs to remove bag from pan, open ziplock and roll omelette out.





topic

Growing

Expressive Arts & Design

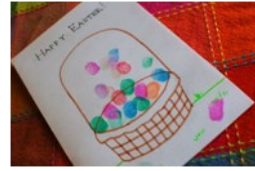
Paste Eggs



Have a go at decorating paste eggs and upload your images to the school Facebook page so we can have a virtual Easter Eggstravaganza!

Easter Cards

Lots of design ideas to choose from if you look online. Here are a few:



Sensory Crafts

Get messy with lots of squishy sensory play to help develop those fine motor skills.

The sensory pack sent home includes loads of ideas for cloud dough, playdough, squishy, stuff etc. Then get your little ones to work their gross motor skills to help with cleaning up!



Growing



Cognition & Learning: Early Developmental skills

Get cooking use the opportunity to include your child in helping to make family meals, in food technology we're starting to get good at stirring, sieving, pouring, chopping and mixing but we need more practice.



Looking at big and small- Can you build a small/big tower? Can you make yourself small/big? Can you sort small teddies and big teddies?

If you're having a clear out can children help by using their problem solving skills and promote their independence by putting pairs of shoes together, placing items in and out of containers, sorting all of the same toys into piles?



topic

Growing

Physical Development

Easter



Let's get rolling- roll your paste eggs, roll a ball to knock down plastic bottle skittles (make harder by adding water mud to make skittles heavier), roll yourself

Can you learn a new skill?

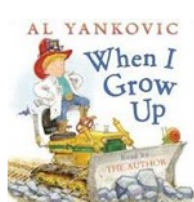
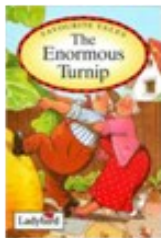
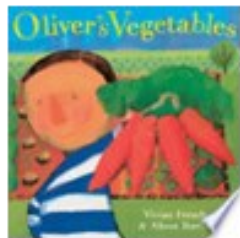


- Can you climb on/off a ride along toy, move it in any direction with your feet, keep your feet on the pedals of a trike as an adult pushes it, pedal a trike yourself, ride a balance bike, hold on to a swing, climb the steps of a slide, etc

Literacy

Share a story about growing- it could be about growing up, a plant growing, growing vegetables, anything. Try to find props linked to pages in the story, which the children can explore at each point, make your own sound effects and get them to join in, and try out some pantomime style actions.

Here are some story ideas:



Growing



Social, Emotional & Mental Health

Facetime/Skype

We all know it's good to talk and our children love social contact, they'll miss their friends and extended family so can you use technology to keep in touch?



Handwashing

We've been working hard in school but need to keep practising so that we can all use the recommended technique hand over hand or with modelling to learn how to thoroughly wash and dry our hands.

Attachment games

We've sent home two packs: a story massage booklet and sing and sign booklet which are a chance to practise some fun, calming intensive interaction activities.

Numeracy



1:1 correspondence- whether you're decorating paste eggs, putting cake cases in a baking tray, laying a table- all of these activities can help your child build their skills by allocating 1 item in the hole or per person.

