





# Ideas for Home learning & Development Opportunities

The following booklet has been created by staff at Sunningdale School to give parents, carers and families some support and guidance with activities and opportunities they might like to do with their children at home.

Where possible staff have linked these to 'subject specific' learning areas although many of them will be cross contextual and relevant to development in a number of areas. They are categorised under the areas of:

- Cognition and Learning
- Communication and Interaction
- Sensory and Physical Development
- Social, Emotional and Mental Health

#### Grow cress in an egg shell



#### Read or sequence an Easter story

The Story of Easter

### More ideas & activities...

Have an egg and spoon race



Hold a family Easter Egg decorating competition



# Other Ideas...



Please also have a look at the following links on the school website that have a range of ideas for pupils including a .pdf version of our outdoor learning booklet.

http://www.sunningdaleschool.com/blogs/onlinegames.htm

https://www.pinterest.co.uk/sunningdalescho/

http://www.sunningdaleschool.com/ downloadable/smsc%20outdoor%20learning% 20booklet%20jwaller.pdf

http://www.sunningdaleschool.com/blogs/pupilyoutube.htm

# A LITTLE PIT apout PLAY...

Children discover and learn about their world when they play. Play develops imagination and creativity and gives children practice in the social skills they need in the wider world. Children do not play for reward or because someone told to- They play because it is fun! By playing with one another, children learn social rules such as waiting, taking turns, cooperation and sharing things. Children usually go through stages of play as they grow. Children with SLD and PMLD will be unlikely to go through the stages of play at the ages defined by Child Development theories but they will still potentially go through them. It is therefore important to create opportunities for children with SLD and PMLD to experience each of the stages. JW.

#### Solitary Play

A child is in a room full of other children, but he or she is playing alone and not paying attention to

#### Spectator

Observe other children playing around him or her but will not play with them.

#### Associative Play

Children are playing the same game, but they are not working together or connecting with one another

#### Parallel Play

Children are playing a game or activity. They are playing next to each other, but they are not talking or doing the same activity.

#### Cooperative Play

Children are working together to play a game.









#### Easter Egg Potato Prints:





Foot Prints Bunnies

Education is not the filling of a pail, but the lighting of a fire.

- William Butler Yeats

#### Other ideas & activities...

#### Easter Themed Activities:

# **Easter Sensory Bottle**

#### You will need:





#### Method:

- 1. You can make 2 different kinds of bottles  $\alpha$  dry one and  $\alpha$  wet one.
- 2. For the dry one, put the eggs and pom-poms in the bottle.
- 3. Glue the lid on the top so that nothing falls out.
- 4. The eggs will make a great sound when shaken.
- 5. For the wet bottle, fill the bottle  $\frac{3}{4}$  of the way with blue coloured water.
- 6.Add the pom-poms and glitter.
- 7. Glue the lid on and give the bottle a good shake.
- 8. The eggs in this wet bottle will float at the top.





# Developing & Growing

#### Language Development:

Outdoor play activities are very powerful tools for developing a child's language or communication. This will be integral to social relationships and communication will be required to develop and support these.

#### **Emotional Development**

All types of Play are useful as a means for a child to express their feelings, both negative and positive... Outdoors children can be taught to care for living things and build confidence in a less structured and natural environment.



#### Physical Development

Many outdoor activities can directly or indirectly develop gross and fine motor skills. Physical activities will also develop confidence in a specific environment (e.g. Forest School or Wildlife area).

#### Social Development

Outdoor learning will help a child to develop social skills such as taking turns and sharing and they will become aware of the emotions of others and start to slowly be able to take those emotions into account.

#### Cognitive Development

Through any type of play or activity, a child has opportunities to develop ideas. Through outdoor learning they are able to investigate unusual materials, attempting more unusual activities and use resources in different ways.



#### **Communication & Interaction**

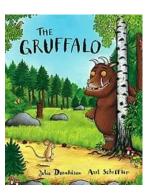
Talk about different groups of animals: wild animal, farm animals, dinosaur etc

Make lolly stick puppets of animals, and act out stories



There are many stories suitable for Go Wild.

Giraffe's cant dance, Gruffalo stories, Wild thing etc
gruffalo.com/activities/activities



## Go Wild!



#### **Understanding the World**

Look in the garden for animal footprints





Discuss plants which you can eat, make tally charts of favourites

Experiment with household materials and utensils: use cooking oil, vinegar, baking powder, salt, sugar, water, flour, ketchup, ice, baby oil, corn flour, shaving foam, food colouring etc.







#### **Expressive Arts & Design**

**Painting**: Giraffe hand prints, lion picture/masks using paper plates





**Patterns**: Use animals to make foot print marks with paint





Junk modelling: use glue, selotape etc to join together.

## Go Wild!



#### Cognition & Learning: Early Developmental skills

Reading favourite stories together and discussing the story, sequence the events, draw a favourite character or make up stories around favourite animals

Make a sensory story linked to topic https://picklebums.com/jungle-play-dough-



Listen to animal sounds on You Tube

There are lots of theme related activities on Twinkl:

Www.twinkl.co.uk/offer



#### **Physical Development**

Children can use their bodies to pretend they are different wild animals, stretching and moving like animals.

Keep active with Debbie Doo and Jungle kids Yoga on You Tube

#### Literacy

There are lots of phonic activities at different levels on Twinkle: www.twinkl.co.uk/offer.

Fine motor activities: writing about a favourite animal, looking at rhyming words, making animals with playdoh or salt doh.

## Go Wild!



#### Social, Emotional & Mental Health

These activities are relaxing videos which promote health and wellbeing

https://www.thriveapproach.com/mindfulness-activities
-thrive/

The Inside Out activities are good for feelings and emotion work.



#### Numeracy

To use resources from the house to count and sort: pegs, buttons etc Make animals with shapes, measure animals with bricks etc





