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**Completed by the staff of
Sunningdale School**

JW14



SUNNINGDALE SCHOOL

Home learning & Development Opportunities



Class:

6

Topic:

Hills and Woods

JW14



Sunningdale School

Ideas for Home learning & Development Opportunities

The following booklet has been created by staff at Sunningdale School to give parents, carers and families some support and guidance with activities and opportunities they might like to do with their children at home.

Where possible staff have linked these to 'subject specific' learning areas although many of them will be cross contextual and relevant to development in a number of areas. They are categorised under the areas of:

- Cognition and Learning
- Communication and Interaction
- Sensory and Physical Development
- Social, Emotional and Mental Health



We encourage our children to be very physical , these are easy things you can make and do at home

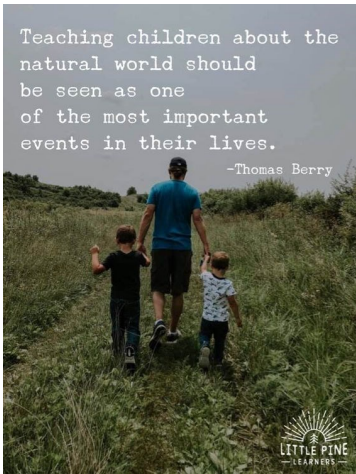


to encourage physical skills.



Gina Davies Autism Centre

More ideas & activities...



What-
ever out-
side
space

you have please try to
let your child out .



Inside use what you have eg pair
up socks, shoes, . See how long eve-
ryone is in socks. Use pegs to peg
that amount



Other Ideas...



Please also have a look at the following links on
the school website that have a range of ideas
for pupils including a .pdf version of our
outdoor learning booklet.

[http://www.sunningdaleschool.com/blogs/
onlinegames.htm](http://www.sunningdaleschool.com/blogs/onlinegames.htm)

<https://www.pinterest.co.uk/sunningdalescho/>
[http://www.sunningdaleschool.com/
downloadable/smsc%20outdoor%20learning%
20booklet%20jwaller.pdf](http://www.sunningdaleschool.com/downloadable/smsc%20outdoor%20learning%20booklet%20jwaller.pdf)

[http://www.sunningdaleschool.com/blogs/
pupilyoutube.htm](http://www.sunningdaleschool.com/blogs/pupilyoutube.htm)

A LITTLE BIT ABOUT PLAY...

Children discover and learn about their world when they play. Play develops imagination and creativity and gives children practice in the social skills they need in the wider world. Children do not play for reward or because someone told to- They play because it is fun! By playing with one another, children learn social rules such as waiting, taking turns, cooperation and sharing things. Children usually go through stages of play as they grow. Children with SLD and PMLD will be unlikely to go through the stages of play at the ages defined by Child Development theories but they will still potentially go through them. It is therefore important to create opportunities for children with SLD and PMLD to experience each of the stages. JW.

Solitary Play

A child is in a room full of other children, but he or she is playing alone and not paying attention to

Spectator

Observe other children playing around him or her but will not play with them.

Associative Play

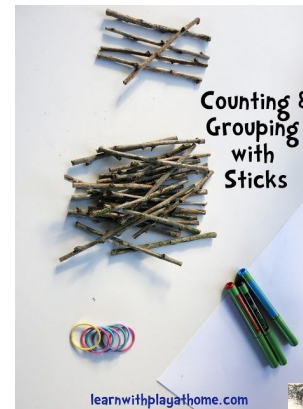
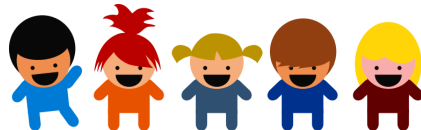
Children are playing the same game, but they are not working together or connecting with one another

Parallel Play

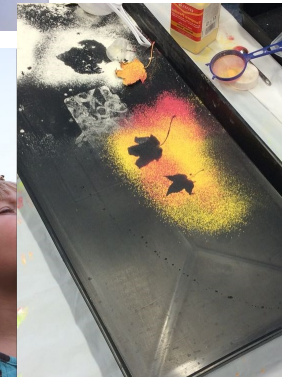
Children are playing a game or activity. They are playing next to each other, but they are not talking or doing the same activity.

Cooperative Play

Children are working together to play a game.



Ordering by length



Look at shape with flour on leaves .



Education is not the filling of a pail, but the lighting of a fire.

- William Butler Yeats

Other ideas & activities...

For a list of education companies offering free subscriptions at this time go to 'kidsactivities.com' although its American some have very good resources.



Making seed balls to grow, or seeds in lard for bird feeders.



Make animals to live in the woods . You can make your own playdough



Press natural things into dough
plants , fruit, veg , twigs , leaves , feathers, etc



Developing & Growing

Language Development:

Outdoor play activities are very powerful tools for developing a child's language or communication. This will be integral to social relationships and communication will be required to develop and support these.

Physical Development

Many outdoor activities can directly or indirectly develop gross and fine motor skills. Physical activities will also develop confidence in a specific environment (e.g. Forest School or Wildlife area).

Social Development

Outdoor learning will help a child to develop social skills such as taking turns and sharing and they will become aware of the emotions of others and start to slowly be able to take those emotions into account.

Emotional Development

All types of Play are useful as a means for a child to express their feelings, both negative and positive... Outdoors children can be taught to care for living things and build confidence in a less structured and natural environment.

Cognitive Development

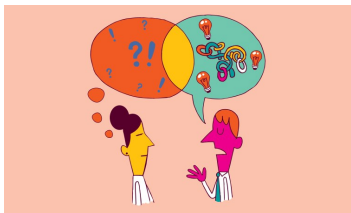
Through any type of play or activity, a child has opportunities to develop ideas. Through outdoor learning they are able to investigate unusual materials, attempting more unusual activities and use resources in different ways.





topic

Communication & Interaction



Less is more !

Children need a reason to communicate so have the things that motivate them around but don't anticipate their need .

For some they will gesture, make a sound etc for others they will say the word modelled so use only one clear word this is known as a ' key word ' .

This could name an item eg ball, ipad etc or be a concept . With our children the ones we reinforce are ' more ' . Finished'; ' stop' .

We also use key words in our topic so rather than saying ' look its a big green leaf ' we would say ' leaf ' and model that until the child has this label.

The words we are teaching in this theme are nature related—leaf, bark, tree, branch, twig, soil, etc some children will hunt for these named things in real or in images (net or books) . The same key words apply to sensory where some children may have a word such as 'sticky ' all week and explore everything sticky jam, treacle, glue, flour and water etc whilst others will add to sets of different things eg rough, hard , old etc mrsspeechiep.com is great !



Understanding the World

Taste a wide variety of foods. Play game where child has blindfold (scarf etc around eyes) and guesses which food they had in mouth—or which smell.



Match food to picture labels on tins and packets
Look at clips of hills and woods in different places , talk about and remember places we have been like Cox Green, Penshaw woods .



Handle different plants , collect on tape on their wrist . You need to draw their attention to plants or they will move past them. Easy

cause and effect science experiments—on pinterest . (using what you





topic

Expressive Arts & Design

Make a stick man from twigs

Make masks of creatures in the woods inspired by monster stories, where the wild things are etc



In cookery, drawing or from an old box make a ginger bread house with your child.



Let them paint/ make a different tree each day to add to a collection on the wall that creates a wood !



Messy art with mark making in different materials , paint etc is easiest in the bath or outside (weather permitting)



Encourage your child to dance and sing—use karake ,

you tube, Debbie Doo , baby Shark !

Cognition & Learning: Early Developmental skills



Sorting is very important . Sort coins, plants, fruits, vegetables, leaves. Sort by size eg these all fit into ... , things we like/ don't like to eat , smell. Things that are smooth, rough etc not just colour sorting.



Memory games—lay out a set of objects (can be fruits or vegetables) under mugs / bowls . They need to recall the order they saw them . This helps our memory and towards reading if you go left to right .



Getting a child to 'look ' actively is fundamental.

Watching Tv or a computer is often

passive , we look for things to

stimulate them to see cause and effect and want to make actions to see reactions.





topic

Physical Development

We know we can't recreate PE lessons but all children do need movement or they will start to display sensory seeking behaviours (sucking, hair twirling, biting, rocking etc). Encourage them to follow an exercise programme on the internet eg tumble tots at home on youtube. Find ways to balance (patch big parts) eg feet on sofa bottom on floor hands in the air ! This builds core strength (tummies)

Literacy

We are working on Gruffalo and Gruffalos child, Hansel and Gretel, Stickman and where the wild things are . Weareteachers.com- has a big list of authors reading childrens stories and doing activities . Make books where the child tells you what to draw/ write so they learn the link between spoken and written. Encourage them to 'play write '



Social, Emotional & Mental Health



"Kids need attention and the more they get it, the LESS they will come to need it; a child who feels that all their emotional needs are met has no reason to seek more attention." ~ Gila Brown

This is a tricky time for everyone and children will pick up on the anxiety adults around them are feeling. You can



make worry dolls and a place outside for feelings to go. Children also need to learn to take turns and share in games such as card games, bingo, listening games.

Numeracy

We are loving money—sort coins, find ' the same as' . Count pennies in role play shops, cafes, busses with lined up chairs etc !



Find leaves bigger than, sticks longer than , count the leaves and petals on flowers and plants . Sort (see understanding the world) into groups eg tomatoes, apples, pears etc count seeds . Print fruit patterns