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Completed by the staff of
Sunningdale School

JW14



SUNNINGDALE SCHOOL

Home learning & Development Opportunities



Class:

5

Topic:

Woods and Hills - Key in booklet (@WH1)
(woods and hills resource 1) meaning resource available
on school website under that title.

JW14



Sunningdale School

Ideas for Home learning & Development Opportunities

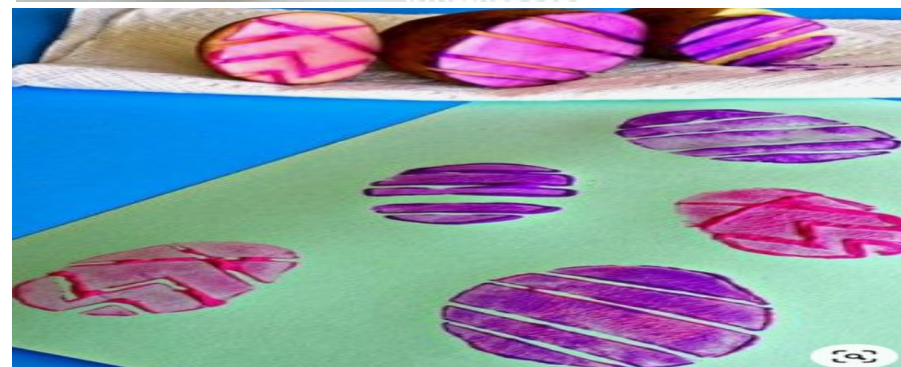
The following booklet has been created by staff at Sunningdale School to give parents, carers and families some support and guidance with activities and opportunities they might like to do with their children at home.

Where possible staff have linked these to 'subject specific' learning areas although many of them will be cross contextual and relevant to development in a number of areas. They are categorised under the areas of:

- Cognition and Learning
- Communication and Interaction
- Sensory and Physical Development
- Social, Emotional and Mental Health



Playdough
Easter
Eggs - Pushing
hard objects
into soft



Potato printing and *painting*

More ideas & activities...



Other Ideas...



Please also have a look at the following links on the school website that have a range of ideas for pupils including a .pdf version of our outdoor learning booklet.

Floating *and* sinking using natural objects



Ice *and* Oil Painting

<http://www.sunningdaleschool.com/blogs/onlinegames.htm>

<https://www.pinterest.co.uk/sunningdalescho/>

<http://www.sunningdaleschool.com/downloadable/smsc%20outdoor%20learning%20booklet%20jwaller.pdf>

<http://www.sunningdaleschool.com/blogs/pupilyoutube.htm>

A little bit about play...

Children discover and learn about their world when they play. Play develops imagination and creativity and gives children practice in the social skills they need in the wider world. Children do not play for reward or because someone told to- They play because it is fun! By playing with one another, children learn social rules such as waiting, taking turns, cooperation and sharing things. Children usually go through stages of play as they grow. Children with SLD and PMLD will be unlikely to go through the stages of play at the ages defined by Child Development theories but they will still potentially go through them. It is therefore important to create opportunities for children with SLD and PMLD to experience each of the stages. JW.

Solitary Play

A child is in a room full of other children, but he or she is playing alone and not paying attention to

Spectator

Observe other children playing around him or her but will not play with them.

Associative Play

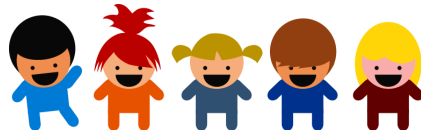
Children are playing the same game, but they are not working together or connecting with one another

Parallel Play

Children are playing a game or activity. They are playing next to each other, but they are not talking or doing the same activity.

Cooperative Play

Children are working together to play a game.



Mud recipes



Mark making with kitchen utensils



Education is not the filling of a pail, but the lighting of a fire.

- William Butler Yeats

Other ideas & activities...



Counting

sticks

and
making

Patterns



Making Rainbows



Developing & Growing

Language Development:

Outdoor play activities are very powerful tools for developing a child's language or communication. This will be integral to social relationships and communication will be required to develop and support these.

Physical Development

Many outdoor activities can directly or indirectly develop gross and fine motor skills. Physical activities will also develop confidence in a specific environment (e.g. Forest School or Wildlife area).

Social Development

Outdoor learning will help a child to develop social skills such as taking turns and sharing and they will become aware of the emotions of others and start to slowly be able to take those emotions into account.

Emotional Development

All types of Play are useful as a means for a child to express their feelings, both negative and positive... Outdoors children can be taught to care for living things and build confidence in a less structured and natural environment.

Cognitive Development

Through any type of play or activity, a child has opportunities to develop ideas. Through outdoor learning they are able to investigate unusual materials, attempting more unusual activities and use resources in different ways.





topic Woods and Hills

Communication & Interaction

Symbol Vocabulary

Use symbols (@WH1) for different natural objects can they find these in the garden such as twigs, leaves, etc.



Communication/Singing Vocabulary

Children can use CBeebies player to watch 'Something Special' to increase Makaton (signing) vocabulary. See if your child can learn the 'Friends' song.



Intensive Interaction

Tune In - Let your child take the lead, imitate their behaviour if they move there arms you follow, if they smile you copy if they vocalise you echo

Pause and Wait - Try adding in a new element such as a different sound or action to your child do they mirror what you do?

Enjoy Yourself - Watch for any responses.

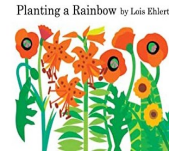


Class 5



Understanding the World

Science - Try to 'Grow a Rainbow' from seeds to flowers. Children can get involved in the planting and growing process and to then take responsibility to care and look after their flowers by watering.



Explore minibeast habitats and match to a symbol (@WH8) by looking in webs, or under rocks - Class 5 have been super nature explorers and thoroughly enjoyed 'Tree Beating/Shaking'

- Place a piece of white fabric or old t-shirt under a tree or bush then get shaking. Watch as an array of weird and wonderful creatures fall onto the fabric and observe what they have found.

Religious Education - Easter Eggs - Work together to create an Easter bonnet or decorate a boiled egg like a character from their favourite book (For a sensory experience create a 'Bouncing Rubber Egg') <https://www.steamsational.com/rainbow-naked-eggs-experiment/> Add vinegar, food colouring and an egg to a jar - wait 2 - 3 days and then when the shell has dissolved remove to explore



Computing - There are a number of different fine motor apps out there - A favourite in class 5 is 'Dexteria Jr' (£3.99) which supports pincer grip and overwriting skills (trace and erase) screen shot while they work and upload their progress on 'Evidence Me' If you succeed it lets you take a wacky and weird #selfie!



Cause and Effect - Pocket Pond is an app your can practise cause and effect skills when pressing or making contact with the screen the fish will move and it will play a splashing noise - children to develop skills where they make the connection that their actions make something happen. (cross curricular links - encourage counting the fish and naming the colours)





topic Woods and Hills

Expressive Arts & Design

DT

Children can thread Cheerios onto a piece of string to create tree hanging bird feeders while practicing and developing their fine motor skills at the same time. Watch as the birds flock to your garden for their tasty treat.

Cooking and Nutrition

I have included some recipes on the website that you could have when out and about or on the go. Follow the instructions and have fun exploring natural ingredients (cross curricular links - drama/roleplay-number/music) Try hosting a teddy's bear picnic for your teddy guests count out snacks and sharing to singing songs such as 'Round and Round the Garden' and 'If You Go Down to the Woods Today'. For a sensory cooking experience prepare to messy explore sticky, sweet, sour,



Make some porridge and experiment with flavours, colours and consistencies - which do they prefer - share the story of Goldilocks can they join in with the parts that repeat "WHO HAS BEEN SITTING IN MY CHAIR!!!"

Art

Children to use crayons etc to do tree rubbings and to then rub on different surfaces. Can they stick natural materials on to paper to create a collage?

Class 5



Cognition & Learning: Early Developmental skills

Sensory Play (@WH2) for bank of sensory play activities.

Encourage children to use a variety of different senses in their gardens - what can they hear, (traffic, birds, dogs barking) see (looking at different colours such as shades of green. Tasting and smelling if appropriate (herbs, flowers, fruit and vegetables). Touch feeling



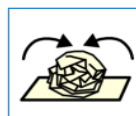
different textures such as rough textures bark, furry leaves, bumpy twigs and smooth petals.

<https://www.fantasticfunandlearning.com/five-senses-garden.html>

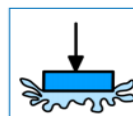
Explore natural and man-made materials - testing their properties - handling and manipulating in a number of different ways - tearing, crumpling, squashing, twisting squeezing and splatting etc. (@WH3)



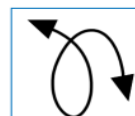
tear



crumple



squash



twist



squeeze



splat



topic Woods and Hills

Physical Development

Movement and Dance

Children can practice moving in different ways to warm up - forwards, backwards, walking running, crawling are just a number of different ways (@WH4) Children have been taking part in yoga sessions these include 'Cosmic Kids Yoga' (youtube) which have yoga stories that link to topic (focus on minibeasts - 'Hungry Caterpillar')



Body Shapes

Use body to create shapes to form natural objects such as lying curled up on the floor to make a leaf shape, standing with legs and arms and fingers wide apart to make a tree shape or stand on one leg with hands together raising arms. Hands and knees position and push up through legs to make a hill shape and finally lying still like a twig when ready to cool down (get creative can your child suggest an action to go with objects) (@WH5). The physiotherapy service will be sending plans to families where children currently receive input.



Literacy (Please choose activities appropriate for your child)

Fine Motor Skills

Fine motor strengthening activities using a range of natural objects such as snapping twigs using both hands (cross curricular if appropriate talk about long and short, big and small) Squeezing, ripping and crushing leaves. Using a pincer grip (thumb and index finger) to pick petals from a flower or posting their stem in a colander.



Writing - Mark Marking

Children to then use pattern cards (@WH6) (straight/curved lines etc). Extend to practise writing their names. Mark making in a range of sensory media linked to natural resources such as mash potato, soil (try adding water and using natural equipment to such twigs for a messy sensory experience) Easter will be arriving soon instead of a twig you could use carrots!



Class 5



Social, Emotional & Mental Health

Thrive Activities

These activities are relaxing and promote health and positive well-being which you can use in the home setting

www.thriveapproach.com/mindfulness-activities-thrive

Attachment Games

Attachment Games (@WH7) developing relationships and positive attachments.

Turn-Taking

Games that promote turn-taking such as 'Pop Up Pirate' and 'Snap' and other board games where the children need to wait.

Mathematics

Shapes and Patterns

Children to create shapes using twigs can they find any other shapes around the outdoor area, you make one for your child to copy can they then make one independently?



Matching, Counting and Recognising

Play hide and seek in the outdoor environment rote count 1, 2, 3... and in reverse ...3, 2, 1

Give children an outdoor shopping list to make recipes. Such as a 'Stick Salad' "I need 4 sticks, 2 stones and 5 leaves." If confident extend by using adding and taking away "I have 5-3 in my pie how many sticks needed?"