





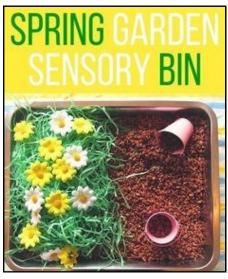
# Ideas for Home learning & Development Opportunities

The following booklet has been created by staff at Sunningdale School to give parents, carers and families some support and guidance with activities and opportunities they might like to do with their children at home.

Where possible staff have linked these to 'subject specific' learning areas although many of them will be cross contextual and relevant to development in a number of areas. They are categorised under the areas of:

- Cognition and Learning
- Communication and Interaction
- Sensory and Physical Development
- Social, Emotional and Mental Health







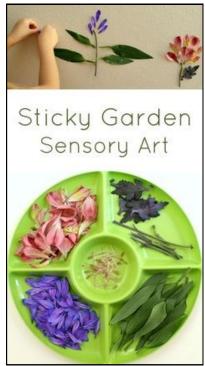


#### More ideas & activities...









# Other Ideas...



Please also have a look at the following links on the school website that have a range of ideas for pupils including a .pdf version of our outdoor learning booklet.

http://www.sunningdaleschool.com/blogs/onlinegames.htm

https://www.pinterest.co.uk/sunningdalescho/

http://www.sunningdaleschool.com/ downloadable/smsc%20outdoor%20learning% 20booklet%20jwaller.pdf

# A LITTLE PIT apport bray...

Children discover and learn about their world when they play. Play develops imagination and creativity and gives children practice in the social skills they need in the wider world. Children do not play for reward or because someone told to- They play because it is fun! By playing with one another, children learn social rules such as waiting, taking turns, cooperation and sharing things. Children usually go through stages of play as they grow. Children with SLD and PMLD will be unlikely to go through the stages of play at the ages defined by Child Development theories but they will still potentially go through them. It is therefore important to create opportunities for children with SLD and PMLD to experience each of the stages. JW.

#### Solitary Play

A child is in a room full of other children, but he or she is playing alone and not paying attention to



Observe other children playing around him or her but will not play with them.

#### Associative Play

Children are playing the same game, but they are not working together or connecting with one another

#### Parallel Play

Children are playing a game or activity. They are playing next to each other, but they are not talking or doing the same activity.

#### Cooperative Play

Children are working together to play a game.











## Minibeast Hotel





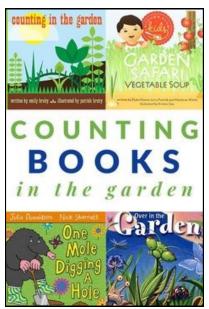




Education is not the filling of a pail, but the lighting of a fire.

- William Butler Yeats

#### Other ideas & activities...









# Developing & Growing

#### Language Development:

Outdoor play activities are very powerful tools for developing a child's language or communication. This will be integral to social relationships and communication will be required to develop and support these.

#### **Emotional Development**

All types of Play are useful as a means for a child to express their feelings, both negative and positive... Outdoors children can be taught to care for living things and build confidence in a less structured and natural environment.



#### Physical Development

Many outdoor activities can directly or indirectly develop gross and fine motor skills. Physical activities will also develop confidence in a specific environment (e.g. Forest School or Wildlife area).

#### Social Development

Outdoor learning will help a child to develop social skills such as taking turns and sharing and they will become aware of the emotions of others and start to slowly be able to take those emotions into account.

#### Cognitive Development

Through any type of play or activity, a child has opportunities to develop ideas. Through outdoor learning they are able to investigate unusual materials, attempting more unusual activities and use resources in different ways.



## Gardens

#### **Communication & Interaction**

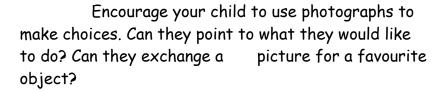
#### Please choose activities appropriate for your child



Play together! Exploring activities together, reading together, singing together...

Can you use photographs to timetable activities throughout the day?

Work with your child to make a visual plan for the day.



If they are not yet ready to use visual aids, encourage your child to communicate their choices by reaching or gesturing. Can they request more of an activity by holding out their arms or taking you back to an activity?



Can you talk about the things you have been doing to-

# Spring Term 2



#### **Understanding the World**

Garden Explorers—What can you find in the garden? Look for mini-beasts, flowers and vegetables, Sticks and pebbles. Talk about the things that you find together. Can you make











collections of interesting objects? What do they feel like? Rough, smooth, hard, soft, slimy?

How is the garden changing as spring arrives? Look for new buds, changes in the trees etc.





Talk about the weather. Can you keep a weather chart? What sort of clothes do we need to wear when it's sunny, raining etc.



## topic

# Gardens

#### **Expressive Arts & Design**



Can you make models by rolling, flattening, tearing, joining and moulding playdough (See included recipe)



Can you mark make using a range of tools? Try crayons, pencils, pens, paintbrushes, chalk...

Mark make in mud and messy media - raking and spreading with hands (See sensory book-lets)



Explore the art of Andy Goldsworthy. Can you work together to make amazing art with natural objects in the garden?

# Spring Term 2



#### Cognition & Learning: Early Developmental skills

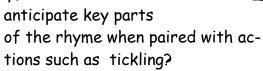
#### Please choose activities appropriate for your child

Explore together using your senses. Encourage messy play with a variety of textures in order to promote fine and gross motor skills.



Explore garden herbs together using touch, smell and taste.

Use garden action rhymes to encourage anticipation - Round the Garden, Incy Wincy, etc. Can children





Explore taste with a variety of vegetables and fruit. Create



## Gardens

#### **Physical Development**

Please choose activities appropriate for your child



Make an obstacle course around the garden.

Look for opportunities to climb

on and off low obstacles, balance

and jump.

Play ball games together - Throwing, rolling, bouncing and kicking.

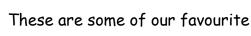
#### Literacy

Please choose activities appropriate for your child



Read together - Talk about pictures in the book, Can you find the..., Can children join in with familiar phrases? Can they answer questions about the story?









# Spring Term 2



#### Social, Emotional & Mental Health

Please choose activities appropriate for your child

Talk about how you're all feeling. Explore different emotions and talk about the things that make you feel happy, sad, angry, scared, etc.



#### **Numeracy**

Please choose activities appropriate for your child



Use numbers and counting in your garden activities and throughout the day.

Make sets of up to 10 objects using pebbles, daisies, leaves or toys.

Make patterns with objects - e.g. Daisy, pebble, daisy, pebble.