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Completed by the staff of
Sunningdale School

JW14



SUNNINGDALE SCHOOL

Home learning
&
Development Opportunities



Class:

Class 4

Topic:

Heroes!

JW14



Sunningdale School

Ideas for Home learning & Development Opportunities

The following booklet has been created by staff at Sunningdale School to give parents, carers and families some support and guidance with activities and opportunities they might like to do with their children at home.

Where possible staff have linked these to 'subject specific' learning areas although many of them will be cross contextual and relevant to development in a number of areas. They are categorised under the areas of:

- Cognition and Learning
- Communication and Interaction
- Sensory and Physical Development

More painting ideas.....



Paint pops:

Pour paint/ food dyed water into ice cube tray add stick and freeze. Once frozen watch paint pop melt onto paper creating wonderful designs



Painting with toys:

Roll toy cars into paint and create pictures with the patterns transferred from the wheels.

Sensory bags: '

Sensory bags allow children to explore, discover, imagine, create, and learn while engaging many of their senses. They are great mess free sensory play. You can make sensory bags out of lots of different mediums: paint; glue; hair gel; baby oil; shaving cream; flour, water and food colouring. Alternatively, you can use dry ingredients rice; pom poms; cereal etc. Simply put into a sealed bag and secure with tape



Most importantly!

Remember you are all SUPER HEROES and are doing a fantastic job. Continue to keep safe and happy! All the staff miss you and we all look forward to seeing our Sunningdale family again!

More ideas & activities...

More useful recipes to try at home...

(See resources for communicative inPrint ingredients and recipes)

Taste safe paint

Ingredients:

- 1/4 cup salt (32g)
- 1/2 cup flour (64g)
- 1/2 cup water
- Food colouring

Recipe:

1. Mix flour and salt in a bowl.
2. Add a few drops of food colouring into water. Pour into flour and salt mixture.
3. Mix together. (Whisk to get rid of the lumps).

* Add more or less water to change consistency.

** Store in refrigerator to make it last longer.



TASTE SAFE finger paints

Puffy paint:

Ingredients:

- Glue
- Shaving cream
- Food colouring

(Optional)

- Sealable bag
- Scissors

Recipe:

1. Add equal parts of glue and shaving cream in a bowl.
2. Add food colouring and mix well.

****If would like to use paint in a DIY piping bag****

1. Add paint to sealable bag.
2. Close the bag and cut a small piece of corner off.
3. Squeeze the paint through the opening.



Other Ideas...



Please also have a look at the following links on the school website that have a range of ideas for pupils including a .pdf version of our outdoor learning booklet.

<http://www.sunningdaleschool.com/blogs/onlinegames.htm>

<https://www.pinterest.co.uk/sunningdalescho/>

<http://www.sunningdaleschool.com/downloadable/smsc%20outdoor%20learning%20booklet%20jwaller.pdf>

<http://www.sunningdaleschool.com/blogs/pupilyoutube.htm>

A little bit

Children discover and learn about their world when they play. Play develops imagination and creativity and gives children practice in the social skills they need in the wider world. Children do not play for reward or because someone told to- They play because it is fun! By playing with one another, children learn social rules such as waiting, taking turns, cooperation and sharing things. Children usually go through stages of play as they grow. Children with SLD and PMLD will be unlikely to go through the stages of play at the ages defined by Child Development theories but they will still potentially go through them. It is therefore important to create opportunities for children with SLD and PMLD to experience each of the stages. JW.

Solitary Play

A child is in a room full of other children, but he or she is playing alone and not paying attention to

Spectator

Observe other children playing around him or her but will not play with them.

Associative Play

Children are playing the same game, but they are not working together or connecting with one another

Parallel Play

Children are playing a game or activity. They are playing next to each other, but they are not talking or doing the same activity.

Cooperative Play

Children are working together to play a game.



Understanding the World

There are so many "Real life heroes" we can celebrate during this time

Role play our "real life heroes":

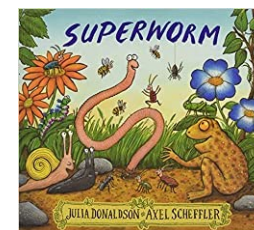
Role play is a core part of child development, as through fun **role play**, children develop creativity, communication, physical development, problem solving and confidence. **Role Play** allows children to rehearse real **life roles**.

- Doctors, Nurses and Pharmacists
- Care workers
- Shop Assistants
- Cleaners
- Police and Fire Service
- Refuse Collectors
- Delivery services
- And many more....



Outdoor Learning:

Listen to the hero book "Superworm" - <https://www.youtube.com/watch?v=GeeMj5IVKZA&feature=share> Superworm is a hero with a difference. Super-long and super-strong, he's always on hand to help out all the other animals and insects.



- **Read the book-** (or listen to Cbeebies story time) what animals can you see? Can you child point to the frog?
- **Go on a bug hunt outside and dig for worms-** Can you count how many animals you find? Create a checklist? Can you make a tally?
- **Plant seeds and flowers-** Seeds don't have to be from the garden centre in packets! You could find seeds in apples, plums..
- **Look at the weather-** Talk about the weather. Can you keep a weather chart? What sort of clothes do we need to wear when it's sunny, raining etc.
- **Make your own wormary-** <https://www.twinkl.co.uk/resource/t-tp-397-making-a-wormery-step-by-step-instructions>



Can't get outside? You can still explore our character Superworm from inside your house.

- **Dig for worms-** add pipe cleaners to brown rice
- **Make Spaghetti worms-** Spaghetti worms are easy to make (just add food colouring to cooked spaghetti) and can be fun, slimy and can be explored with the whole body.
- **Create the weather indoors-**

Superworm also allows you to explore length- encourage your child to begin to use the correct terminology "long" and "short"- can they find the longest item; mark make in different sensory mediums- can you



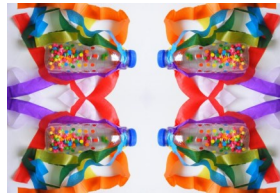


topic Heroes

Expressive Arts & Design

Music- Music is a really useful tool to encourage lots of communication skills. This can be through songs, playing and sharing instruments or simply clapping and stamping. Things to look out for could include: eye contact, vocalising, you can do at home! Explore making sounds using household items e.g. pots, pans.

Make a super hero shaker- <https://www.letsplaykidsmusic.com/homemade-musical-instruments-shakers-maracas/>



Cookery- Almost every aspect of learning can be incorporated in cooking activities from exploring the ingredients with all our senses to identifying colours, measuring and simple counting, turn taking, identifying ingredients and equipment as well as lots of OT and physiotherapy targets! Here are some fun hero themed recipes:



- Superhero cape Pizza recipe- <https://www.twinkl.co.uk/resource/t-t-2545764-superhero-smoothies-recipe-pack>
- Try different Super hero smoothies: <https://www.pillsbury.com/recipes/super-hero-cape-pizzas/b02d52a4-2bac-49bd-8f90-16782247a1a1>
- Try more recipes with symbol support from: <https://symbolworld.org/categories/show/33>

Science- Check out these superhero science experiments from Twinkl- <https://www.twinkl.co.uk/resource/t-t-2545548-eyfs-superheroes-science-experiments-resource-pack>

Art and Design- There are multiple "hero" themed arts and crafts activities you could do: you could make hero masks out of a paper plate or natural resources you find in your garden such as leaves; print off superhero characters; punch holes in the characters and thread laces and string through; alternatively freeze toys over night- can your superheroes rescue them?



Developing & Growing

Language Development:

Outdoor play activities are very powerful tools for developing a child's language or communication. This will be integral to social relationships and communication will be required to develop and support these.

Physical Development

Many outdoor activities can directly or indirectly develop gross and fine motor skills. Physical activities will also develop confidence in a specific environment (e.g. Forest School or Wildlife area).

Social Development

Outdoor learning will help a child to develop social skills such as taking turns and sharing and they will become aware of the emotions of others and start to slowly be able to take those emotions into account.

Emotional Development

All types of Play are useful as a means for a child to express their feelings, both negative and positive... Outdoors children can be taught to care for living things and build confidence in a less structured and natural environment.

Cognitive Development

Through any type of play or activity, a child has opportunities to develop ideas. Through outdoor learning they are able to investigate unusual materials, attempting more unusual activities and use resources in different ways.



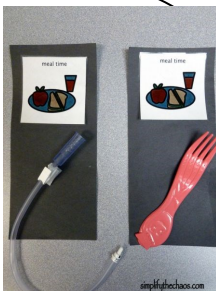


topic Heroes

Communication & Interaction

Keeping up routines:

Objects of Reference: You can use real life objects to help your child understand their daily routine such as a cup for snack; spoon/ feeding tube and nappy for toileting. Allow your child to explore the item before a transition. These can be put into a visual timetable alongside photographs or symbols and removed when that activity has finished.



Makaton:

Below are some fun episodes and videos with Makaton signing that are linked to our topic "heroes".

Singing hands real life superheroes- "People who help us".

https://www.youtube.com/watch?v=WAx9Iv_cnXk

Something Special- Superheroes.

<https://www.bbc.co.uk/iplayer/episode/b09tr7xj/something-special-were-all-friends-series-11-16-superheroes>



Making choices:

Encourage your child to use photographs to make choices. Can they point to what they would like to do? Can they exchange a picture for a favourite object? Can your child request more of an activity by signing; holding out their arms or taking you back to an activity?

Turn Taking games:

We have been working hard on turn taking in Class 4. There are lots of games that promote turn-taking such as 'Pop Up Pirate' and 'Snap' and other board games where the children need to wait.

Stories:

Class 4 love reading and we have incorporated daily stories as a means to wind down and relax at the end of the day! This can be continued as part of your routine at home to wind down.

Stories linked to our topic "Heroes" include Superworm; Supertato; comic books; The Smartest Giant in Town; Zog and books containing real life superheroes such as Peppa Pig; Peppa Goes to Hospital and Busy People: Firefighter.

Alternatively, download the free [CBeebies Storytime App](#)



Rainbows

Rainbow colour run (Science Experiment)

All you need is **skittles** and **water**!

This is a quick, fun science experiment looking at colour dye run.

Within this experiment there are many learning opportunities:

1. Sort the colours into different bowls
2. Copy/ complete the pattern e.g. Yellow skittle, red skittle, yellow skittle...
3. Ask for a specific number of skittles/ of one colour. E.g. two green skittles.
4. Look for a response/ reaction when the colour dye runs.

****Use warmer water to make the dye run quicker.**

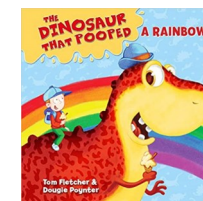
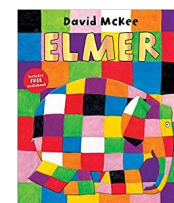
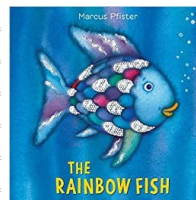


Colouring in- "Thank you NHS rainbow" template <https://www.twinkl.co.uk/resource/nhs-rainbow-window-poster-t-tp-2549682>

Music- Check out Sam signing and singing- "I can sign a Rainbow" <https://www.youtube.com/watch?v=mJkkfovaS38&t=4s>

Rainbow themed books:

- Youtube Makaton signing video- Elmer <https://www.youtube.com/watch?v=6DbzuHfLjgI>
- Youtube Makaton signing video- Rainbow Fish <https://www.youtube.com/watch?v=r18SxUd2fMI>
- Youtube story -(CBeebies Bedtime Stories with James McAvoy) The Dinosaur that pooped <https://www.youtube.com/watch?v=a82WeOmE5YM&list=PLyPBnOuoB4G2ynOw2hBGZ2YnAAfL2f9wr&index=3>



Other rainbow crafts and crafts and sensory play activities:



RAINBOW PASTA Sensory Activity
www.thelovenotesblog.com



The Rainbow Fish and Elmer The Elephant Window Art



Education is not the filling of a pail, but the lighting of a fire.
- William Butler Yeats



Other ideas & activities...



Make your own SUPERTATO:

Listen to the story Supertato- <https://www.youtube.com/watch?v=M1nIJBkWGLo>

- Can you make your own Supertato out of different fruit and vegetables?
- Can your child point to the fruit and vegetables after hearing the spoken word?
- Match symbols to fruit and vegetables?
- Identify the different colours?
- Explore each fruit and vegetable- look; taste; touch; smell...
- Make potato (and other vegetable) prints with paint

Superhero Playdough

- Make your own homemade Playdough following (recipe in Class 4s Home Learning Booklet spring 2).
- Make different superhero faces using "Playdough face mats" <https://www.twinkl.co.uk/resource/t-t-180-face-playdough-mats>
- Use playdough to make masks and a cape <https://www.twinkl.co.uk/resource/t-t-2121-superhero-playdough-mats>



Create a superhero obstacle course:

Create your very own superhero training centre.

Can your super heroes....?

- Balance on balance beam (line of tape; piece of wood/log; pillows; scalfetc,)
- Climb through tunnels (cardboard boxes; under blankets; furniture etc).
- Knock down towers (built boxes) with objects/ body.
- Blow the villain away (blow bubbles)
- Rescue their favourite toy/ teddy



Cognition & Learning: Early Developmental skills

Intensive interaction:

Work one to one with your child. Imitate their behaviour, respond to them in a highly responsive way and mirror what they do. Echo their sounds and copy their gestures. Watch for any responses.

Object Permanence: - even though your child can't see something, do they still exist? Try the following activities: hide your child's favourite toys under a blanket- will they actively seek them out?; play Peekaboo - hide your face behind your hands or a blanket by holding it up or placing it on your head. Can your child find you?; add layers to make the game more challenging.

Sensory exploration and Messy play

Messy or sensory play can help your child's development on a number of levels. This type of creative play gives children endless ways to develop and learn as well as developing fine and gross motor skills. In class 4 we love to get covered head to toe in messy materials! There are lots of everyday resources you can use: gloop (cornflour and water); flour; shower gel; paint; glue; ice (with food colouring); shaving foam; sand; mud; sugar; hair gel; homemade playdough; slime.

Mark making:

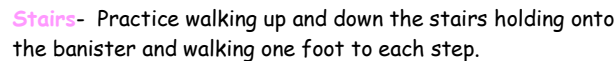
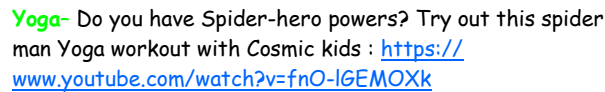
Encourage children to explore a range of tactile resources (both wet and dry) using their hands. Work towards making circles and lines up and down, left to right. Encourage children to handle 'tools' to make marks e.g. kitchen utensils, rollers paintbrushes, crayons etc.



Within the following tactile resources add toys and everyday items found within your home or garden. Encourage your child to pick up the items, explore with both hands and make marks.



Dance- Class 4 love to dance! You can join in to some of our favourite songs on Youtube. Our favourites include 'Debbie Do', 'The learning station'- especially "head shoulders knees and toes" and "hop little bunnies" and of course "Wake up shake up!"



Strike a hero pose- Dance along to Just Dance on youtube. Become a Ghostbuster and blast all the ghosts <https://www.youtube.com/watch?v=izMJDiHQBH0>

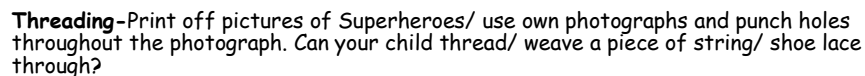
Ball Skills- Try out your Superhero Skills by running, jumping, throwing; rolling and catching balls.

Phonics play: <https://new.phonicsplay.co.uk/>

Phonics play are offering free access to during this time. There games and activities are appropriate for children working on Phase 1 **Phonics set 1** (SATPIN). Appropriate games also include: "Welcome to the zoo" listen and match the animal to the sound and animal bingo sets to print.



Dough Disco- <https://www.youtube.com/watch?v=i-IfzeG1aC4> is a fun activity which combines the use of play dough with a series of hand and finger exercises designed to improve fine muscle control. The movements develop children's fine and gross motor dexterity, hand-eye coordination and self-esteem



Colouring in- Twinkl continue to allow free access to their resources during this time. There are multiple different colouring in templates for your child to engage with- including Superheroes <https://www.twinkl.co.uk/resource/t-c-7637-superheroes-mindfulness-colouring-pages>.

Listen to some of class four's favourite songs on British Council Nursery Rhymes. Our favourites include Brush Brush; Grand Old Duke and Hockey Cockey!



Mirroring - mirror what your child does e.g. facial expressions/actions.
 Hairdressers - gently brush each other's hair.
 Face painting - paint each other's faces with paint, make up or mud.
 Play catch - roll a ball back and forth to teach reciprocity.
 Massage - use lotion or baby oil to massage your child. Sing nursery rhymes or tell simple stories

Sharing and turn-taking: We have been doing lots of work on sharing resources with others and taking turns in class 4. These skills can be embedded into lots of activities beyond typical turn taking games like : planting, making crafts; cooking, playing with siblings and family members etc.

♥♥ **Remember to keep checking Sunningdale's Facebook page and Youtube channel ♥♥
♥♥ to see familiar faces of Sunningdale staff :). ♥♥

Making Sets-Making sets in cooking; free play (e.g. Cars/ blocks etc), outside with leaves, stones, sticks etc.

Sorting- Sorting is very important mathematical tool. Sort coins, plants, fruits, vegetables, leaves. Sort by size eg these all fit into ..., biggest/ smallest, longest/ shortest, colour things we like/ don't like to eat , smell, touch etc.

Counting- Count ingredients when cooking or making Playdough, count insects on bug hunts, count out items when playing shops.

Patterns and matching- copy patterns in sweets e.g. Patterns of colours; toys; flowers; counters and coins.

Number songs: Sing familiar number songs e.g. 5 little ducks, 10 green bottles, 5 currant buns. Use objects or toys and remove one at a time as the song is sang.

Prepositions- Class 4 have been working hard on following instructions with prepositions (in, on, under etc.) Have your superheroes rescue teddies and toys from around the house.

Shape- Explore Stacking toys; shape sorters; inset boards and jigsaws; Make your own jigsaw by cutting up a photograph of your house

