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Completed by the staff of  
Sunningdale School

JW14



# SUNNINGDALE SCHOOL

## Home learning & Development Opportunities



Class:

Topic:

JW14



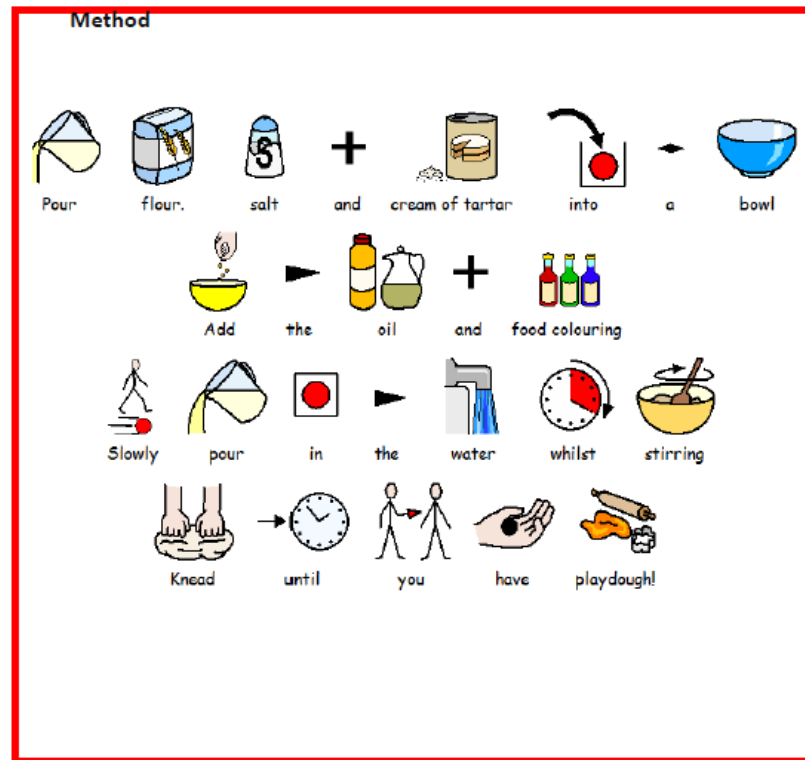
Sunningdale School

## Ideas for Home learning & Development Opportunities

The following booklet has been created by staff at Sunningdale School to give parents, carers and families some support and guidance with activities and opportunities they might like to do with their children at home.

Where possible staff have linked these to 'subject specific' learning areas although many of them will be cross contextual and relevant to development in a number of areas. They are categorised under the areas of:

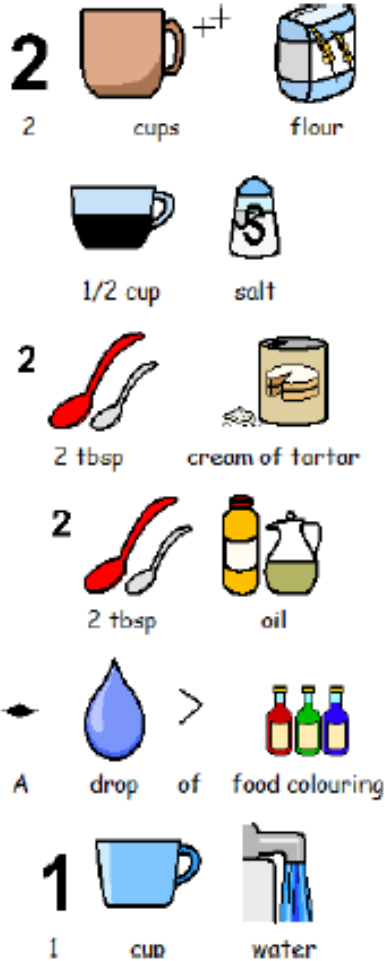
- Cognition and Learning
- Communication and Interaction
- Sensory and Physical Development
- Social, Emotional and Mental Health



## More ideas & activities...

### Make playdough

#### Ingredients



## Other Ideas...



Please also have a look at the following links on the school website that have a range of ideas for pupils including a .pdf version of our outdoor learning booklet.

<http://www.sunningdaleschool.com/blogs/onlinegames.htm>

<https://www.pinterest.co.uk/sunningdalescho/>

<http://www.sunningdaleschool.com/downloadable/smsc%20outdoor%20learning%20booklet%20jwaller.pdf>

<http://www.sunningdaleschool.com/blogs/pupilyoutube.htm>

# A little bit

**Children discover and learn** about their world when they play. Play develops imagination and creativity and gives children practice in the social skills they need in the wider world. Children do not play for reward or because someone told to- They play because it is fun! By playing with one another, children learn social rules such as waiting, taking turns, cooperation and sharing things. Children usually go through stages of play as they grow. Children with SLD and PMLD will be unlikely to go through the stages of play at the ages defined by Child Development theories but they will still potentially go through them. It is therefore important to create opportunities for children with SLD and PMLD to experience each of the stages. JW.

## Solitary Play

A child is in a room full of other children, but he or she is playing alone and not paying attention to anyone.

## Spectator

Observe other children playing around him or her but will not play with them.

## Associative Play

Children are playing the same game, but they are not working together or connecting with one another

## Parallel Play

Children are playing a game or activity. They are playing next to each other, but they are not talking or doing the same activity.

## Cooperative Play

Children are working together to play a game.



## Mark make

You can use hands, feet or tools such as brushes, rollers, spray bottles and coloured water, crayons etc. Make your marks on: paper, paving stones, windows, outside walls, in trays of salt, flour or gloop. Can your child draw lines and circles? Can they make big and small marks? Do they look at the marks they've made?



## Websites with lots of simple recipes

<https://www.bbc.co.uk/cbeebies/curations/easy-cooking-with-kids-recipes>

<https://www.bbcgoodfood.com/recipes/collection/kids-baking>

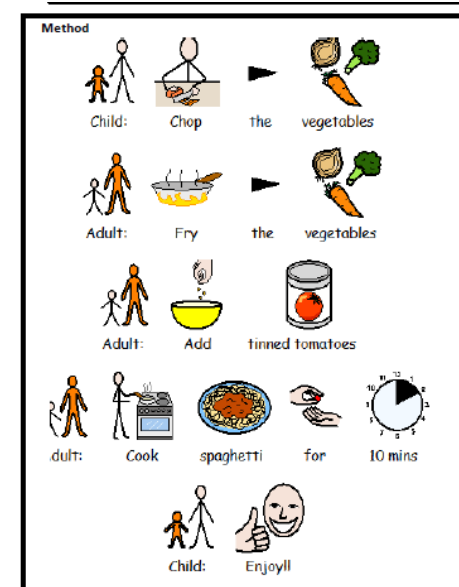
## Make gingerbread men or houses:

[https://www.bbc.co.uk/food/recipes/gingerbread\\_men\\_99096](https://www.bbc.co.uk/food/recipes/gingerbread_men_99096)

## Make chocolate 'bird nests':

<https://www.bbcgoodfood.com/recipes/shredded-wheat-nests>

## 'Worm' spaghetti:





## Other ideas & activities...

### Large doll play, small world play and role play

Feed toys in a 'tea party', brush toys' hair, play with dolls in homemade dolls houses (made from boxes) and animals in homemade jungles and farms, pretend to 'cook', 'wash up' and serve people.



### Build

Build houses and dens using: bricks, boxes, cereal packets, twigs, chairs, tables and bed sheets.



## Developing & Growing

### Language Development:

Outdoor play activities are very powerful tools for developing a child's language or communication. This will be integral to social relationships and communication will be required to develop and support these.

### Physical Development

Many outdoor activities can directly or indirectly develop gross and fine motor skills. Physical activities will also develop confidence in a specific environment (e.g. Forest School or Wildlife area).

### Social Development

Outdoor learning will help a child to develop social skills such as taking turns and sharing and they will become aware of the emotions of others and start to slowly be able to take those emotions into account.

### Emotional Development

All types of Play are useful as a means for a child to express their feelings, both negative and positive... Outdoors children can be taught to care for living things and build confidence in a less structured and natural environment.

### Cognitive Development

Through any type of play or activity, a child has opportunities to develop ideas. Through outdoor learning they are able to investigate unusual materials, attempting more unusual activities and use resources in different ways.



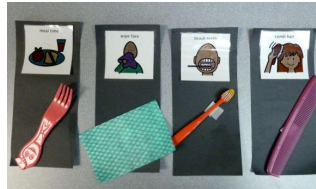


## topic Houses and Homes

### Communication & Interaction

#### Routines and timetables

Your child may benefit from seeing a visual plan for the day ahead. You could use real life objects (such as a cup for snack time, a nappy for toilet time and a spoon for dinner time), photographs or symbols. Draw attention to the timetable for each activity and when something is finished take it off the timetable!



#### Choice making and requesting

Encourage your child to make choices throughout the day using real objects, photos or symbols. Does your child look towards their favourite item? Will they reach towards it? Can they use PECS to exchange a symbol or photo for an item?



#### Music activities:

Lots of class 2 really enjoy music activities. These could be songs which encourage eye contact and physical contact such as Row Your Boat, Wind the Bobbin and Round and Round the Garden. Does your child become excited when they realise their favourite part of the song is coming up? Do they smile, vocalise and request more?

#### Turn-taking games

- Rolling a ball back and forth
- Taking turns copying your child's vocalisations and actions
- Playing peek-a-boo (wait for your child to respond in each turn)
- Taking turns building with bricks

### Understanding the World

#### Find out where different animals live!

If you can get into the garden, what animals can you find? How do they feel? How many legs do they have? Do they have wings? Can you hear any animals that you can't see? What might attract different animals to your garden?

You could look at where animals in different stories live (see Literacy for more ideas!)



Can you recreate any of these habitats? You could use shoe boxes and art materials or could explore: hot, cold, wet, dry habitats using warm towels, ice cubes, bowls of water etc.

#### Explore using household objects:

- You could explore hot and cold using bowls of icy water and bowls of warm water.

- Fill a bowl, the sink or the bath with water and discover which everyday items sink and which float.

- If you have any flour or cornflour in the cupboard you could make slime (<https://www.fizzicseducation.com.au/150-science-experiments/kitchen-chemistry-experiments/making-cornflour-slime/>)

- Cbeebies have lots of ideas for simple experiments using household objects: <https://www.bbc.co.uk/cbeebies/curations/science-activities>



#### Look at who lives in your house:

You could get together some photos of everyone who lives in your house (including pets!) and make a photo book of 'my house'. Take photos of the outside of your house and the different rooms to make it more personal! You can also make these for the homes of other people!







# topic Houses, Homes and Habitats

## Expressive Arts & Design

### Can you make model houses?

You could use boxes, bricks and junk material. Explore the materials together; decorate the buildings using paper, pens or paint; and discuss the sizes of the buildings.

What colours should they be? Who lives in the houses? Do they have rooms inside them? Can you find a way to create gardens?



### Become an interior designer!

If you have any catalogues lying around, you could cut out pictures of household furniture, appliances and furnishings and create your own dream house!



### Biscuit houses and cookery habitats:

You could make houses from gingerbread or biscuits <https://www.myfussyeater.com/mini-cookie-houses/>. If you're looking at animals' 'houses and homes' you could make and explore food linked to different habitats: worm spaghetti for a garden habitat, chocolate 'nests' if looking at where birds live, melted chocolate 'mud' on the farm or blue

jelly for under the sea.

### Songs linked to houses, homes and habitats:

Homes: <https://learnenglishkids.britishcouncil.org/songs/animal-house>  
<https://www.youtube.com/watch?v=CNJFORs1mHE&t=21s>

On the farm: <https://www.youtube.com/watch?v=6HzoUcx3eo>

Under the sea: <https://www.youtube.com/watch?v=XqZsoesa55w&t=3s>  
[https://www.youtube.com/watch?v=9ir\\_l7qTiZ4](https://www.youtube.com/watch?v=9ir_l7qTiZ4)

In the jungle: <https://www.youtube.com/watch?v=Nvoqfd4wi6M>



## Cognition & Learning: Early Developmental skills

### Explore using the senses

This can be linked to houses, home and habitats by using household objects and exploring the properties of animals and their habitats. Some ideas are:

- Explore ice and warm water to create warm and cold habitats
- Splash in bowls of water or the bath.
- Make a nest using a range of hard and soft materials such as twigs, feathers and leaves.
- Feel soft fur and feathers vs hard spikes or leathery skin
- Listen to environmental sounds in the garden
- Sprinkle, drop and play with wet and dry flour, porridge oats or sand
- Make a dark cave out of bedsheets
- Taste, smells and feel different ingredients when cooking. You could make: gingerbread and biscuit houses if sharing the Three Little Pigs or porridge when reading Goldilocks!



Which resources interest your child the most? Do they reject any? Do they follow the resource as it moves in front of them? Do they prefer exploring with you or alone?





# topic Houses, Homes and Habitats

## Physical Development

You can use lots of household items to promote physical development! -

- Clean the windows of your house together using big circular motions!
- Build houses using bricks, push the bricks together and pull them apart.
- Tie household items to a clothes rail (or any other similar frame or rail!) to create a homemade activity arch for your child. They can then reach towards and explore the items on it!
- Dip cars in water or paint and drive them across a large piece of paper, can your child keep the car in one hand when crossing midline?
- Fill spray bottles and: water plants, squirt pictures on the side of your house or make pictures in the shower!
- Make and play with playdough (see back for recipe).
- Draw patterns in wet or dry salt and flour using fingers or tools such as brushes.
- Do household tasks such as hanging up the washing together!



## Literacy

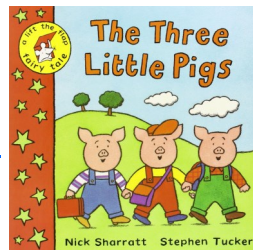
Stories about houses and homes:

- Goldilocks and the Three Bears <https://www.youtube.com/watch?v=0oUP2PFoOi8>

What is Goldilocks doing in the bears' house?

- Three Little Pigs <https://www.youtube.com/watch?v=QLR2pLUsl-Y>

Which house will keep the big bad wolf out?!



Stories you can link to habitats:

- Mr Tumble in the Jungle <https://www.bbc.co.uk/cbeebies/stories/something-special-mr-tumble-in-the-jungle>
- Owl Babies <https://www.youtube.com/watch?v=TPQRiSTYFHo>
- Farmer Duck: [https://www.youtube.com/watch?v=38mYIHhS\\_Qo](https://www.youtube.com/watch?v=38mYIHhS_Qo)
- Dear Zoo <https://www.youtube.com/watch?v=UywEnHKTMXk>



## Social, Emotional & Mental Health

Check out the Sunningdale School Facebook and YouTube pages for videos made by school staff. Your child might enjoy seeing some familiar faces!

Facebook: <https://en-gb.facebook.com/SunningdaleSEN>

YouTube: <https://www.youtube.com/channel/UCtkKEVMzmzs6P2zJ-OhvWoA>

You can also let us know what you've been doing on Evidence.me and staff will add a comment for you to share with you child!

Lots of our pupils find massage and deep pressure both calming and enjoyable too:

<http://www.sunningdaleschool.com/downloadable/homeactivities/story%20massage%20activities.pdf>



## Numeracy

Look at shape!

Make houses from triangles, rectangles, squares and circles. You could make them from 3d shapes too!

What shapes can you make with homemade playdough?

Look at size!

If building houses can you make them big, small, tall or short, narrow or wide?

Explore the size of the bears belongings in the story Goldilocks and the Three Bears.

Count!

Have a tea party in the house and count out food, crockery and cutlery for everyone!

Count characters in stories, ingredients when cooking and items in role play!

